



OBA CPD WEBCAST REPLAYS

ESSENTIAL SESSIONS REBROADCAST – WITH LIVE CHAT



OBA CPD

Neuroscience in ADR: Strategies for Responding to Neurological Reactions in Clients, Counsel and Yourself

Date: August 22, 2018

Original Program Chairs:

Eric Gossin, Stancer, Gossin, Rose LLP

Angela Bradley, Angela A. Bradley Workplace Investigation and Mediation

Original program was held on February 7, 2018

AGENDA

Welcome and Opening Remarks from the Program Chairs

Making Sense of the Effect of Conflict on the Brain and How to Respond

Nathalie Boutet, Boutet Family Law

Suzanne Sherkin, Highborn Communications

- What is happening in a party's brain when faced with conflict? The neuroscience behind how our brains respond to perceived threats
- Fight, flight or freeze: How to recognize the signs that a party is entering each of these response modes
- Practical strategies for how to handle the situation, reduce the threat and assist in bringing parties back to a productive place
- Being aware of your own triggers and stress response

Break (10 Minutes)

What Impact Does a Power Imbalance Have on the Brain's Response?

Hilary Linton, Riverdale Mediation Services

Power imbalances are not limited to particularly personal disputes, such as family law. They can and do arise in any type of legal dispute, and can have a significant impact on the ADR process. Learn skills to correctly identify, assess and manage the brain's responses to perceived power imbalances in this interactive part of the program

Closing Remarks



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Professionalism Hours: This program contains 2h 00m

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