How do we count freedom?

Is it the breathes you take

of clean,

untouched

air?

Is it the number of steps you can take

unharmed

and free?

The amount of people next to you supporting the same protest?

The weeping widows in your church?

The ballots that have been counted?

Your thoughts?

Your beliefs?

Freedoms?

**Emotions?** 

Or are the elements of freedom just somebody's idea of reality

Written down on one document?

One

piece

of

paper

That can make or break your world.

Combinations of 26 letters that may change your life.

Funny isn't it?

How 26 letters can create emotions,

Life,

Freedom.

Sacrifice your soul to the one document saving you from the rest of the world's cruelties.

For what can freedom be if the laws of freedom are written by someone else?

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Freedoms?

**Emotions?** 

How do you count freedom?

## "Counting Freedom"

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I wrote this poem because it is how I see and feel about the Canadian Charter of Rights and Freedoms. It signifies how I see freedom itself and how thankful we should be for these rights. In addition, it shows how I feel that it is frightening that we have one document to keep us safe from judgment and cruelty. We should be very appreciative of everything we have.